



Duncan Cran Elementary School

8130 – 89th Avenue
Fort St John, BC V1J 5S5

Telephone: (250) 787-0417 Fax: (250) 785-1581



HOW TO USE THE MEAL PLAN

For December, 2009

1. Choose the days you wish your child to receive a school lunch by circling the choice of meal. A form must be filled out for each child.
2. Meals are \$2.50 each, but it is up to your discretion how much you feel you can afford to pay for the lunches. Payments will be kept confidential. We prefer any payments to be made by Thursday, November 19th, but payments can be made at the office any time during the month.
3. Please make comments, if you wish, about the program in the space provided below.
4. Place the completed menu and any payments in the envelope provided.
5. Return this envelope and order form to the school office by Thursday, November 19th. Envelopes returned after the 19th cannot be accepted for the December meals program.

Comments



December 2009 School Meals Menu Program

Student: _____ Room No.: _____

Teacher: _____

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chefs salad or Pizza Milk, fruit and pudding	2 Roast beef Sub or Burrito Milk, fruit, and yogurt	3 Pork Sandwich or Cheese and Veggie Wrap Chocolate milk, fruit and granola bar	4 School Closed for parent teacher interviews and conferences
7 Pork and Cheese Sand or Turkey Sandwich Milk, fruit and granola bar	8 Tuna sandwich or Roast beef Milk, fruit and pudding	9 Salmon sandwich or Burrito Chocolate milk, fruit and yogurt	10 Pizza or Egg sandwich Milk, fruit and granola bar	11 Chicken salad sandwich or Roast Beef sandwich Chocolate milk, fruit and yogurt
14 Pork and Cheese or Turkey sandwich Milk, fruit and granola bar	15 Cheesy beef muffin or Burrito Chocolate milk, fruit and pudding	16 Roast beef sandwich or Chef salad Milk, fruit and granola bar	17 Tuna sandwich or Veggie and Cheese Wrap Milk, fruit and yogurt	18 Turkey sandwich or Pizza Sub Chocolate milk, fruit and veggie snack pack

Parent's Signature: _____