

SEPTEMBER 2010 SCHOOL MEALS MENU PROGRAM

Student: _____ Room No.: _____ Teacher: _____

Monday	Tuesday	Wednesday	Thursday	Friday
6 Labour Day School Closed	7	8	9	10
13 Menus due to the office	14	15	16	17 Pro D No School
20 School Meals begin Roast Beef Sandwich or Tuna Salad White milk, fruit and granola bar	21 Chicken Salad Sandwich or Mini-Sub White milk, fruit and pudding	22 Egg Salad Sandwich or Turkey Sandwich Juice, fruit and yogurt	23 Coldplate or Pasta salad White milk, fruit granola bar	24 Pork and Cheese or Roast Beef Sandwich White Milk, fruit and granola bar
27 Salmon sandwich or Veggie and cheese wrap Milk, fruit and pudding	28 Chicken Wrap or Pizza Sub White milk, fruit and pudding	29 Italian Quesadillas or Turkey Sandwich Chocolate milk, fruit and veggie snack pack	30 Pork and Cheese wrap or Turkey Sandwich Milk, fruit and yogurt	

Parent's Signature: _____

MENUS DUE TO THE OFFICE NO LATER THAN MONDAY, SEPTEMBER 13, 2010