

November 2010 School Meals Program Menu

Student: _____ Room No.: _____ Teacher: _____

Monday	Tuesday	Wednesday	Thursday	Friday
1 Roast Beef Sandwich or Salmon Sandwich Milk, fruit and granola bar	2 Italian quesadillas or Pork sandwich Milk, fruit and yogurt	3 Egg Salad Sandwich or Chef Salad and bun Milk, fruit and granola bar	4 Burrito or Turkey Sandwich Juice, fruit and pudding	5 Pizza or Tuna Sandwich Chocolate milk, fruit & veggie snack
8 Roast beef sandwich or Chicken wrap Milk, fruit and yogurt	9 Chef salad or Burrito Milk, fruit and veggie snack pack	10 Tuna sandwich or Pork sandwich Milk, fruit and yogurt	11 Remembrance Day School Closed	12 Chicken Salad Sandwich or Pizza Sub Milk, fruit and pudding
15 Pasta salad or Egg Sandwich Milk, fruit and granola bar	16 Veggie and Cheese Wrap or Turkey Sandwich Chocolate milk, fruit and veggie snack pack	17 Roast beef sandwich or Cheesy beef muffin Milk, fruit and yogurt	18 Veggies dip and cheese or Turkey Sandwich Milk, fruit and pudding	19 Chicken salad sandwich or Tuna sandwich Chocolate milk, fruit and yogurt
22 Pizza or Roast Beef wrap Milk, fruit and granola bar	23 Cold plate or Tuna sandwich Milk, fruit and pudding	24 Turkey sandwich or Pasta salad Chocolate milk, fruit and Yogurt	25 Chef salad or Burrito Milk, fruit and granola bar	26 Pizza Sub or Salmon Sandwich Milk, fruit and veggie snack pack
29 Cold Plate (Turkey, beef, lettuce, cheese and bun) or Salmon Sandwich Milk, Fruit Pudding				

Parent's Signature: _____

MENUS DUE BACK TO THE OFFICE BY OCTOBER 19TH. MENUS **WILL NOT** BE ACCEPTED **AFTER** OCTOBER 19TH.