

## November 2010 School Meals Program Menu

Student: \_\_\_\_\_ Room No.: \_\_\_\_\_ Teacher: \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Roast Beef Sandwich or Salmon Sandwich  Milk, fruit and granola bar	<b>2</b> Italian quesadillas or Pork sandwich  Milk, fruit and yogurt	<b>3</b> Egg Salad Sandwich or Chef Salad and bun  Milk, fruit and granola bar	<b>4</b> Burrito or Turkey Sandwich  Juice, fruit and pudding	<b>5</b> Pizza or Tuna Sandwich  Chocolate milk, fruit & veggie snack
<b>8</b> Roast beef sandwich or Chicken wrap Milk, fruit and yogurt	<b>9</b> Chef salad or Burrito Milk, fruit and veggie snack pack	<b>10</b> Tuna sandwich or Pork sandwich  Milk, fruit and yogurt	<b>11</b> <b>Remembrance Day</b> <b>School Closed</b>	<b>12</b> Chicken Salad Sandwich or Pizza Sub  Milk, fruit and pudding
<b>15</b> Pasta salad or Egg Sandwich  Milk, fruit and granola bar	<b>16</b> Veggie and Cheese Wrap or Turkey Sandwich  Chocolate milk, fruit and veggie snack pack	<b>17</b> Roast beef sandwich or Cheesy beef muffin  Milk, fruit and yogurt	<b>18</b> Veggies dip and cheese or Turkey Sandwich  Milk, fruit and pudding	<b>19</b> Chicken salad sandwich or Tuna sandwich  Chocolate milk, fruit and yogurt
<b>22</b> Pizza or Roast Beef wrap  Milk, fruit and granola bar	<b>23</b> Cold plate or Tuna sandwich  Milk, fruit and pudding	<b>24</b> Turkey sandwich or Pasta salad  Chocolate milk, fruit and Yogurt	<b>25</b> Chef salad or Burrito  Milk, fruit and granola bar	<b>26</b> Pizza Sub or Salmon Sandwich  Milk, fruit and veggie snack pack
<b>29</b> Cold Plate (Turkey, beef, lettuce, cheese and bun) or Salmon Sandwich Milk, Fruit Pudding				

Parent's Signature: \_\_\_\_\_