January 2011 School Meals Menu Program

Student:	Room No.:	Teacher:	
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Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
No School	Roast Beef Sandwich	Burrito or	Turkey Sandwich or	Chicken Wrap
	Or Chef Salad and bun	Tuna Sandwich	Pizza	Or Egg Salad Sandwich
	Milk, fruit and granola bar	Milk, fruit and yogurt	Chocolate milk, fruit and veggie snack	Milk, fruit and pudding
10	11	12	13	14
Chicken Salad Sandwich	Burrito or Pork	Turkey Sandwich or Egg	Roast Beef Sandwich or	Italian Quesadillas or
or Roast beef Sandwich	Sandwich	Salad Sandwich	Cheesy beef muffin	Tuna Sandwich
Milk, fruit and granola bar	Milk, fruit and yogurt	Chocolate milk, fruit and yogurt	Milk, veggies and granola bar	Milk, fruit and yogurt
17	18	19	20	21
Pasta Salad or	Pizza or Tuna Sandwich	Chicken Salad Sandwich	Roast Beef Sandwich or	Salmon sandwich or
Turkey Sandwich		or Pork Wrap	Egg Sandwich	Burrito
	Milk, fruit and pudding			
Chocolate milk, fruit and yogurt		Milk, fruit and granola bar	Milk, fruit and pudding	Chocolate milk, fruit and yogurt
24	25	26	27	28
Pork Sandwich or	Egg Salad Sandwich or	Chicken Wrap or Tuna	Pasta Salad or Turkey	Cheesy beef muffin or
Salmon sandwich	Turkey Sandwich	Sandwich	Sub	Pork Wrap
Milk, fruit and yogurt	Chocolate milk, fruit and yogurt	Milk, fruit and granola bar	Milk, fruit and yogurt	Milk, fruit and pudding

January 31,2011 – Pro D – No school

Parent's Signature: