# Kodiak News

May 12-16, 2025

Communication with families







#### **Duncan Cran Elementary**

Phone - 250-787-0417

Mr. Griff Peet - Principal gpeet@prn.bc.ca

Mrs. Jaimelia Turner - Vice Principal

jaimeliaturner@prn.bc.ca

Mrs. Felecia Ehlert - Admin Assistant

duncancran@prn.bc.ca

Parent Advisory Council duncancranPAC@outlook.com



**Duncan Cran Website** 

**Duncan Cran Elementary Facebook** 

**Duncan Cran PAC Facebook** 

## Land Acknowledgement



We work, learn, and live on the traditional territory of the Tsaa? Çhé Ne Dane or Dane-zaa.

Our district is also in Treaty 8 territory, the only numbered treaty in British Columbia.

## Local Language Learning

### Dane-zaa Záágé

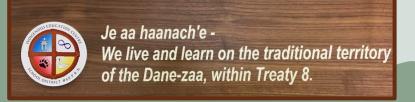
Spring - do?eh (doh-e)

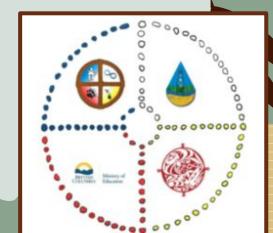
### **Cree Language**

Spring - oskaskosiya ▷¹b¹d²+ (oss-kass-koh-see-yaa)

### **Michif Language**

**Spring -** praentaan (preh-tun)





### **IMPORTANT LINKS**

District website www.prn.bc.ca

Hot Lunch - Online Ordering <a href="https://kodiaks.hotlunches.net/admin/">https://kodiaks.hotlunches.net/admin/</a>

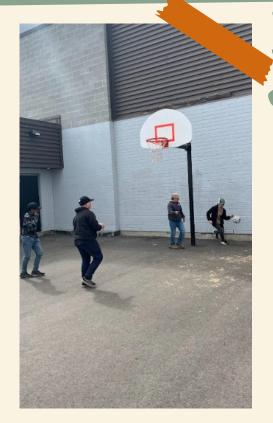
Online payments <a href="mailto:kodiakfees@prn.bc.ca">kodiakfees@prn.bc.ca</a>

SD# 60 3-year calendar <a href="https://www.prn.bc.ca/district/district-calendars/">https://www.prn.bc.ca/district/district-calendars/</a>

SD #60 Emergency Preparedness - https://www.prn.bc.ca/safety/plans-info/emergency-preparedness/

School Bell Schedule

<u>Duncan Cran Elementary Bell Schedule 2024-2025</u>

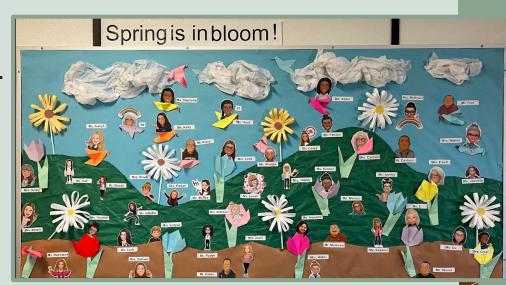


## **Kodiak Celebrations**

Congratulations to our badminton team who represented Duncan Cran admirably at the tournament.

Welcome to Ms. Kumari and Ms. Ashley who have joined our staff.

Thank you to Mrs. Elliot's and Ms. Ramstead's classes for sharing their work on Citizenship.



## This week

	Mon, May 12	Tues, May 13	Wed, May 14	Thurs, May 15	Fri, May 16
General info		<b>Gr. 4 swimming lessons</b> 1:00 -2 pm	School wide Speech contest 11:00 am Parents welcome	Gr. 4 swimming lessons 1:00 -2 pm	Talent Show 1:00 pm Parents welcome  June Online Lunch Orders open
Activities and Sports	<b>3 pm</b> long running	8 am high jump  3 pm ball throw  3 pm sprinting	3 pm Gr. % softball 3 pm sprinting	8 am long running  12:10 pm long jump	

## Track Practices - Open to all Grade 3-6

Events are open to Grade 3, 4, 5 and 6. We will start on Tuesday, May 6th.

There is no sign-up; we will record the names of the students who attend. You must attend practices to go to the track meet.

#### **Track Practice Schedule 2025**

Sort table	Location	Mon May 12, 26 June 2	Tues May 6, 13, 20, 27, June 3	<b>Wed</b> May 7, 14, 21, 28, June 4	Thurs May 8, 15, 22, 29, June 5	Fri
Long Jump Nicole Needham and Mrs. Wilkinson	Pit				12:10 - 12:40 pm	
High Jump Ms. Ramstead	Gym		8:00 - 8:30 am			
Long Running 400, 800, 1500m Ms. Jaimelia	K Play- ground	3:00 - 3:30 pm			8:00 - 8:30 pm	
Sprinting 60, 100, 200 m Carina and Raven	Intermed Play- ground		3:00 - 3:30 pm	3:00 - 3:30 pm		
Ball Throw Nicole Needham and Mrs. Wilkinson	Field by BB nets		3:00 - 3:30 pm			
Relay practice  Carina and Raven 100m x 4 fastest	Intermed Play- ground		To be decided after May 16			

Events are open to Grade 3, Grade 4, Grade 5, Grade 6

### Duncan Cran StrongStart

### May 2025

Monday-Friday 8:30-11:30am Gym: 8:45-9:25am Fridays

Location: 8130 89 Ave, Fort St John

Monday	Tuesday	Wednesday	Thursday	Friday
			1 8:30-II:30am	2 8:30-Il:30am
5 8:30-Il:30am	6 8:30-II:30am	7 8:30-II:30am	8 8:30-II:30am	9 Closed for Non Instructional Day
12 8:30-ll:30am Ready Set Learn	13 8:30-II:30am	14 <u>Closed for</u> <u>Professional</u> <u>Devleopment</u>	15 8:30-II:30am	16 8:30-II:30am
19 Closed for Victoria Day	20 8:30-II:30am	21 8:30-II:30am	22 8:30-II:30am	23 8:30-II:30am
26 8:30-ll:30am	27 8:30-II:30am	28 8:30-II:30am	29 Closed for Professional Development	30 8:30-II:30am

Don't forget we are in the Portable behind the school.

- StrongStart is a Free Drop in Parent Participation Program
- Effective pre-school program to support literacy and social skills
- Qualified Early Childhood Educator on site to support learning and answer questions
- A School District 60 partnership with your community

#### Please Remember ....

- · Come with your child's Identification
- · Come ready to play!
- · StrongStart is a nut-free program
- Outside Play is rain or shine, so come with porper outside clothing.



We gratefully acknowledge the financial contribution of the Province of BC



All questions can be directed to earlylearning@prn.bc.ca



at

### **Duncan Cran Elementry**

Monday May 12, 2025

9:00-11:30

in the

**Duncan Cran Strongstart Room** 

\*Please note we are now in the portable behind the school\*

Craft, Circle Time, Snack, and lots of learning through Play.

#### **Parent Participation Program**

This program is running during StrongStart hours. All ages, 5 and under are welcome!

## SAFETY NOTICE

The safety staff around the construction site are there to keep the us safe.

Please remind your children to watch for the crossing guards and to listen to their instructions.



#### **EASE at Home (Grades 4-7)**

Strategies to help children cope with anxiety during the COVID-19 pandemic and beyond

Sometimes it's hard for adults to know what to say or do to ease a child's worries, especially during times of change and uncertainty. As the most important big people in their world, parents and caregivers can help children feel safer and soften the sharp edges of whatever is happening to make their worries grow.

#### **Worry Scale**

#### What is it?

The Worry Scale is a way to measure the strength of our feelings and understand that anxious feelings can vary from mild to strong. The scale can help children check in with themselves and recognize the amount of anxiety they are feeling, and when they may need support from a parent or caregiver to help them feel better.

#### How?

Help your child visualize the 'size' of their worries. Ask them to rate their worry in different situations such as the first day of school, going to the dentist, riding a bike on a busy street or giving a speech, using the activities below.

Create a worry scale with your child so they are able to rate their different worries. Draw a scale of 0 - 10, where 0 is happy and calm, moving up to 10 being the most anxious they have felt.



Use this scale when you notice your child might be feeling worried as a way to check in and see the strength of their worry.



Brainstorm with your child things they can do to help them shift their big worries to medium or small.

Ideas might include taking some deep breaths, going for a bike ride, listening to music, talking to a trusted adult, or having time alone.

#### **Strategies for Managing Anxiety**

Our Intermediate students are all receiving lessons on:

- Comparing the "size" of a big worry and a smaller concern.
- Strategies to shift their thinking and calm their worries.

Please click the link for more information. Worry Scale





**BIKES/SCOOTERS** - Students are asked not to ride their bikes and scooters on school grounds between 8:30 am - 3:00 pm. This is 15 minutes before and after school.

- All students and family members are asked to walk their bikes in the parking lot and on the school grounds for safety.
- **CONSTRUCTION** Please remind your children to be careful around the construction and to watch for stop signs and dangers.
- Talent Show May 16th 1 pm
- NO SCHOOL ON FRIDAY May 9th is a Pro-D day for staff only.
- Students who will be in grade 6 next fall and who are interested in the <u>SD 60</u>
   <u>beginner band program</u> are invited to click the link and fill out the form, digitally, or print and send paper to the school.

## CALLING FOR ACTS!

### **Talent Show**

Do you have a talent to share?
Sing a song!
Dance!
Perform a skit!
Play an instrument!
Magic Show!
Gymnastics Routine!
Perform a poem!

Sign up with Miss. Frasch April 30, May 1, May 2 at Lunch in the Library!

Auditions: May 6, 7, 8 at

**Talent Show: May 16** 

Talent Show is May 16 at 1 pm.

Please come

join us!

# Upcoming Events

1		Mon, May 19	Tues, May 20	Wed, May 21	Thurs, May 22	Fri, May 23
			June Onli	ine Lunch Or	ders open	
	General info	Victoria Day NO SCHOOL	Gr. 4 swimming lessons 1:00 -2 pm	District wide Speech contest Kindergarten year end photos		
	Activities and Sports		8 am high jump 3 pm ball throw 3 pm sprinting	3 pm Gr. % softball 3 pm sprinting	8 am long running 12:10 pm long jump	8 am high jump 3 pm ball throw 3 pm sprinting

# Upcoming Events

	Mon, May 26	Tues, May 27	Wed, May 28	Thurs, May 29	Fri, May 30
General info					
Activities and Sports	<b>3 pm</b> long running	8 am high jump  3 pm ball throw  3 pm sprinting	3 pm Gr. % softball 3 pm sprinting	8 am long running 12:10 pm long jump	

# Upcoming Events

	Mon, June 2	Tues, June 3	Wed, June 4	Thurs, June 5	Fri, June 6
General info					
Activities and Sports	<b>3 pm</b> long running	8 am high jump 3 pm ball throw 3 pm sprinting	3 pm Gr. % softball 3 pm sprinting	8 am long running 12:10 pm long jump	TRACK MEET

## Beginner Band Recruitment



Click photo to watch the recruitment video!



## **Emergency Preparedness**

**EMERGENCY PREPAREDNESS** 

#### **School District 60**

**GUIDE FOR PARENTS & GUARDIANS** 

Peace River North

This document is intended to familiarize parents/guardians with the emergency protocols established by School District 60.

In the event of an emergency, the safety of all students and staff remain our highest priority. Recognizing emergencies are unpredictable and can occur unexpectedly, the district has developed an Emergency Response Plan for all its schools. The plan operates in collaboration with local emergency authorities to ensure a timely and effective response in an emergency situation. Through proactive preparation and planning, our objective is to reduce the inherent risks associated with any emergency event.

School District 60 emergency protocols and procedures are in alignment with the Ministry of Education and Child Care's Emergency Management Planning Guide for Schools, Districts and Authorities which outlines key elements in the Emergency Management Cycle.

#### IMPORTANT DEFINITIONS

- . All-Hazard: Any incident or event, natural or human caused, that requires an organized response by public. private, and/or governmental entity in order to protect life, public health and safety, and minimize any disruption of government, social, and economic services.
- . Disaster: An event, generally considered to have an even greater impact than an emergency, caused by an accident, fire, explosion or technical failure, or by the forces of nature, and has resulted in serious harm to the health, safety and/or welfare of neonle, or in widespread damage to property.
- . Emergency: An event or circumstance that is caused by accident, fire, explosion, technical failure, human action or force of nature, that requires prompt coordination of action or special regulation of persons or property to protect the health, safety or welfare and/or a person or to limit damage to property.
- . Emergency Management Cycle: An ongoing process to prevent, prepare for, respond to, and recover from an
- . Duty of Care: The Supreme Court of Canada articulated that "The standard of care to be exercised by school authorities in providing for the supervision and protection of students for whom they are responsible [is] that of a careful or prudent parent."

#### **Goals and Guiding Principles**

- Keep students and staff safe in the event of an emergency
   Make sure staff have clear and consistent procedures to follow in the event of an emergency
   Clearly describe the roles and responsibilities in our school system during an emergency
   Ensure that communication and protocols aligned with community partners and authorities
   Minimize disruption and ensure continuity of education for all children

Please click on these documents to read about the SD 60 Emergency Preparedness Plan and our Kodiak Emergency Response Plan.



#### **Duncan Cran Elementary School**

#### Emergency Response Plan

All classes with their 'going home stuff' to the gym. Class cones will be set out. Teachers may choose to bring a bin of books/coloring etc.

- Students can only be released to a parent or other contact listed on MYED
- Check-in Gate 1 All parents are required to check in at Gate 1. If driving, parents can drive through from Gate 1 to Gate 2 or they can park on the road or in the parking lot if there is room. Parents do not enter the school. Walk ups are welcome.
- o Check-in Person @ Gate 1 will radio the staff members (runners) in the
- Student exits with staff member to parent at Gate 2 Front Entrance



- **Before and After School Care** If you are interested in Before and or After School Care please contact the BASC co-ordinator.
  - There are spots available in this program. Please see the BASC information, including the fees, at the following link. \*https://www.prn.bc.ca/programs/before-and-after-school-care/
    - For more information, please contact Susanne Currie, BASC Coordinator, at 250-264-7186 or basc@prn.bc.ca.
- Before and After School Supervision If families need before and after school care please see the BASC information above.
  - Morning supervision begins @ 8:30 am.
  - After-school supervision ends at 3 pm. Please pick up students by 3 pm.
  - When checking out your child early, please call or stop by the office. The office will page your child down to the office, or we can send them to you.
  - We ask families to wait outside for their child/children at 2:44 pm dismissal. This ensures a smooth dismissal process.

- Duncan Cran Online Payments kodiakfees@prn.bc.ca Please remember to add your child's name and what the payment is for. Thanks for making, this a smooth process.
- Early student pick-up Thanks to our families for letting the office know when they need to pick up their child early. Please check in at the office by phone or in person when picking up your child early. The office staff will help your child get ready at the office if we know the expected pick-up time. We can also send your child out to you if you like.
  - Messages can be called in and or emailed to <u>duncancran@prn.bc.ca</u>
- Communication with the office and administration Please email or call ahead, if possible.
  - o <u>qpeet@prn.bc.ca</u> Mr. Peet
  - jaimeliaturner@prn.bc.ca Ms. Jaimelia
  - <u>duncancran@prn.bc.ca</u> Duncan Cran Office

- <u>SD 60 Strong Start</u> is located in the portable on the west side of the school.
  - Do you have a child 0-5 but not in school yet? Try Strong Start. Strong Start is an effective preschool program to support literacy and social skills. A qualified Early Childhood Educator is on-site to support learning and answer questions. <a href="Duncan Cran StrongStart">Duncan Cran StrongStart</a> is a School District 60 partnership with your community. For more information, click on this link.
- Volunteers are always welcome at our school. Please contact the office if you want to volunteer at
  the school or coach a team. All volunteers must complete a criminal records check before
  commencing any activities with students. Please contact the office for further information. A volunteer
  CRC is good for 5 years.
  - PARENT -Volunteer CRC online application

- Visitor Check-in Thanks to all our families for checking in at the office when you come to the school. This is a district policy that ensures student safety. If you need to pick up your child early, you can also email or call the office ahead of time, and we will have them ready at the office. We can also send them out if you call when you arrive. If you need to drop something off for your child, please bring it to the office.
- Kodiak Athletic Pledge Code of Conduct for Coaches, Athletes and Spectators
- Duncan Cran Elementary Hot Lunches <a href="https://kodiaks.hotlunches.net/">https://kodiaks.hotlunches.net/</a>
- Framework for Enhancing Student Learning (School Plan) Our school Framework can be found on our website at the following link. We will continue to update our goals throughout the school year.
  - <a href="https://duncan.prn.bc.ca/our-school/framework-for-enhancing-student-learning/">https://duncan.prn.bc.ca/our-school/framework-for-enhancing-student-learning/</a>

All families need to review the following document - School District 60 Emergency Preparedness Information -

- <a href="https://www.prn.bc.ca/safety/plans-info/emergency-preparedness/">https://www.prn.bc.ca/safety/plans-info/emergency-preparedness/</a>
  - The District will be using the BC Air Quality Index (AQHI) to guide decisions about school actions related to smoke.
    - https://www.env.gov.bc.ca/epd/bcairquality/data/aqhi-table.html
      - When air quality risk is high,, we will limit the doors we use for entry and exit to reduce smoke in the building.
  - Please have a look at our site-specific Double Gated Evacuation Process for Parent Reunification
    - Duncan Cran Elementary Double Gate Evacuation Process
    - Students will only be released to an individual designated as the legal parent/guardian or emergency contact on the MYED student contact information form. Contact forms will come home this week so that families can ensure this information is updated.

### **Parent Resources & Links**

- Kodiak Athletic Pledge Code of Conduct for Athletes, Spectators and Coaches
- Duncan Cran Song The lyrics can be found at this link <u>Duncan Cran Kodiaks</u>
- BC's ERASE (Expect Respect and Safe Education)
  - o **ERASE Sessions for families**
  - Raising Digitally Responsible Youth Document for families
- Home Reading Tips for Parents
- Our new EASE 'At Home' activities are now live on our EASE website.
- WITS is a program that teaches K-3 children to make safe and positive choices about peer conflict

#### **District Links:**

- School District calendar information can be found at the following link
- <u>Indigenous Education</u> Information can be found here.



### **Parent Resources & Links**

- Early Learning Programs <a href="https://earlylearning.prn.bc.ca/">https://earlylearning.prn.bc.ca/</a>
  - Strong Start
  - Preschool
- SD # 60 Before and After School Care Program (BASC)

If you are interested in

Before and or After School Care, please click on this link.

- \*https://www.prn.bc.ca/programs/before-and-after-school-care/
  - For more information, please contact Susanne Currie, BASC
     Coordinator, at 250-264-7186 or basc@prn.bc.ca.

