

Kodiak News

June 9-13, 2025

Communication
with families



Duncan Cran Elementary

Phone - 250-787-0417

Mr. Griff Peet - Principal

gpeet@prn.bc.ca

**Mrs. Jaimelia Turner - Vice
Principal**

jaimeliaturner@prn.bc.ca

**Mrs. Felecia Ehlert - Admin
Assistant**

duncancran@prn.bc.ca

Parent Advisory Council

duncancranPAC@outlook.com



[Duncan Cran Website](#)

[Duncan Cran Elementary Facebook](#)

[Duncan Cran PAC Facebook](#)

Land Acknowledgement



We work, learn, and live on the traditional territory of the Tsaa? Çhé Ne Dane or Dane-zaa.

Our district is also in Treaty 8 territory, the only numbered treaty in British Columbia.

Local Language Learning

Dane-zaa Záágé

Rain déhchq (deh-cho)

Cree Language

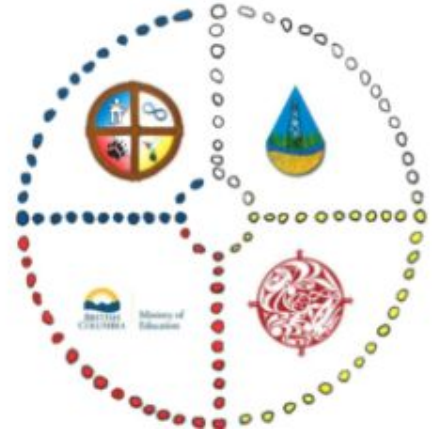
Rain kimiwan ᐱᐅᐅᐅ (kih-mih-wahn)

Michif Language

Rain kimoowun (kih-moo-wahn)
la pwii (lah pwee)



*Je aa haanach'e -
We live and learn on the traditional territory
of the Dane-zaa, within Treaty 8.*



This week

	Mon, June 9	Tues, June 10	Wed, June 11	Thurs, June 12	Fri, June 13
General info	K classes to Dunvegan Gardens	Grade 6 immunizations		Mr. Kattsir's class to Charlie Lake Caves	FUN DAY 9-12 am
Activities and Sports		PAC Meeting 6:30 pm Room 17	3 pm Gr. 5 softball		Tug-O-War 1:00 pm Grade 5 softball tournament 9 - 3 pm

IMPORTANT LINKS

District website
www.prn.bc.ca

Hot Lunch - Online Ordering
<https://kodiaks.hotlunches.net/admin/>

Online payments
kodiakfees@prn.bc.ca

SD# 60 3-year calendar
<https://www.prn.bc.ca/district/district-calendars/>

SD #60 Emergency Preparedness -
<https://www.prn.bc.ca/safety/plans-info/emergency-preparedness/>

School Bell Schedule
[Duncan Cran Elementary Bell Schedule 2024-2025](#)



Kodiak NEWS

- We had 25 athletes represent Duncan Cran at the District Track Meet on Friday, June 6th,
- Many field trips are coming up in the next few weeks. Please remember to send a hat and a water bottle to school every day but also on special trips.
- PAC meeting on Tuesday. We are actively looking for members to support our school.
- Our school is sending our first team to the District softball tournament on Friday, June 13th.
- Grade 6 immunizations are happening on Tuesday, June 10.
- Our annual school FUN DAY in Friday, June 13.

PAWS Draw Winners



Olivia, Kaleb, Wyatt, Janine, Jake, Konan, Stephanie and Sky

PAWS Draw Winners

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Duncan Cran StrongStart



June 2025

Monday-Friday 8:30-11:30am

Gym: 8:45-9:25am Fridays

Location: 8130 89 Ave, Fort St John

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30-11:30am	3 8:30-11:30am	4 8:30-11:30am	5 8:30-11:30am	6 <u>Closed for Professional Development</u>
9 8:30-11:30am	10 8:30-11:30am	11 8:30-11:30am	12 8:30-11:30am	13 8:30-11:30am
16 8:30-11:30am	17 8:30-11:30am	18 8:30-11:30am	19 8:30-11:30am	20 Closed

See you in
SEPTEMBER



Don't forget
we are in the
Portable
behind the
school.

- StrongStart is a Free Drop in Parent Participation Program
- Effective **pre-school program** to support literacy and social skills
- Qualified **Early Childhood Educator** on site to support learning and answer questions
- A **School District 60** partnership with your community

Please Remember...

- Come with your child's Identification
- Come ready to play!
- StrongStart is a nut-free program
- Outside Play is rain or shine, so come with proper outside clothing.



We gratefully acknowledge the financial contribution of the Province of BC



All questions can be directed to
earlylearning@prn.bc.ca

Ready, Set, Learn!

at

Duncan Cran Elementry

Friday June 13, 2025

9:00-11:30

in the

Duncan Cran Strongstart Room

Please note we are now in the portable behind the school

Craft, Circle Time, Snack, and lots of
learning through Play.

Parent Participation Program

This program is running during StrongStart
hours. All ages, 5 and under are welcome!

Ready, Set, Learn is an event for parents with children under 5 who want to learn more about StrongStart, pre-school options and Duncan Cran Elementary.

EASE at Home (Grades 4-7)

Strategies to help children cope with anxiety during the COVID-19 pandemic and beyond

Sometimes it's hard for adults to know what to say or do to ease a child's worries, especially during times of change and uncertainty. As the most important big people in their world, parents and caregivers can help children feel safer and soften the sharp edges of whatever is happening to make their worries grow.

Creating a Helpful Mindset

What is it?

It's natural to have more worries than usual during times of uncertainty, but some can be unhelpful and persistent, fueling greater anxiety and stress. Parents and caregivers can help children express and cope with worries and shift unrealistic or overly pessimistic thoughts into more helpful and balanced thoughts. To learn more about helpful thinking, visit [Anxiety Canada](https://www.anxietycanada.com/helpful-thinking/).

How?

Talking to your child about their worries lets them know that they're not alone - we all have frightening thoughts or images that pop into our heads from time to time. Many worries are about the future or things that *could* happen, so prompting your child by asking "What if?" may help them talk about what's on their mind. Some children may prefer to write about or draw their worries than talk about them.

Write down worries and put them in a "worry box" for safe-keeping - re-visit worries later if desired



Focus on what they CAN do - they can't control when school will open, but they can visit with friends online



Together, think of three things you are grateful for each day and picture holding these things in your open hands



When unrealistic or unhelpful worries crop up, help your child come up with more helpful ways of thinking:

Unhelpful Thought

I'm stuck at home
I'm going to get sick
I'm missing out on everything!



More Helpful Thought

I'm safe at home
I'm doing everything I can to stay healthy
I'm grateful for all the things I CAN do

Strategies for Managing Anxiety

Our Intermediate students are all receiving lessons on:

- How to notice thoughts and feelings
- How to decide if a thought is helpful or unhelpful
- Ways to choose a different thought to focus on
- Focussing on what we can control and change
- [Helpful Thinking Strategies](#)

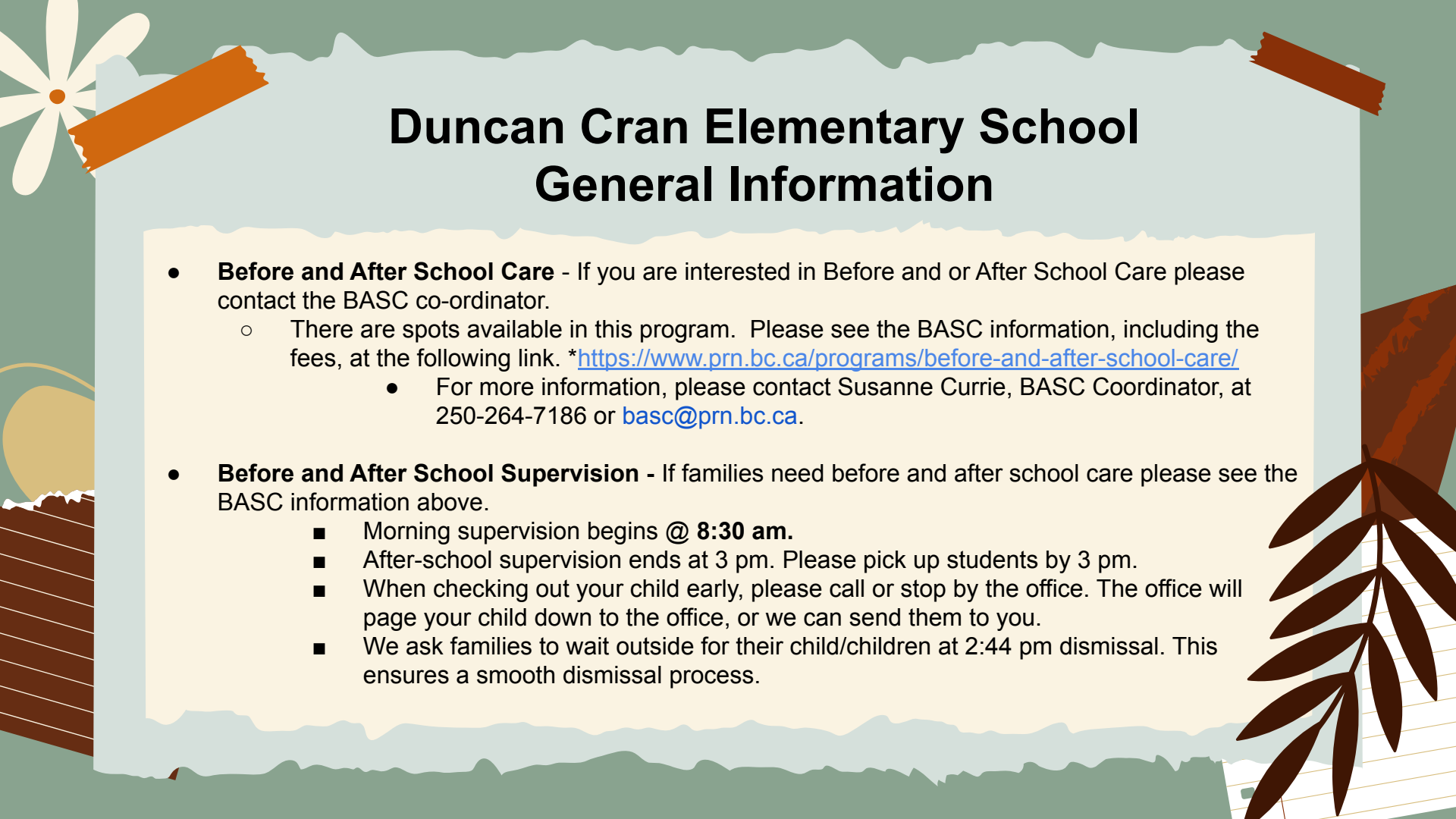
[Creating a Helpful Mindset](#)

Upcoming Events

	Mon, June 16	Tues, June 17	Wed, June 18	Thurs, June 19	Fri, June 20
General info	Band Instrument trial for gr. 5 band students	Grade 6 celebration - LIDO/NPLP		June assembly 1:45 pm	SD 60 Indigenous Dancers 10:45 am Families Welcome
Activities and Sports	K classes to Centennial Park				

Upcoming Events

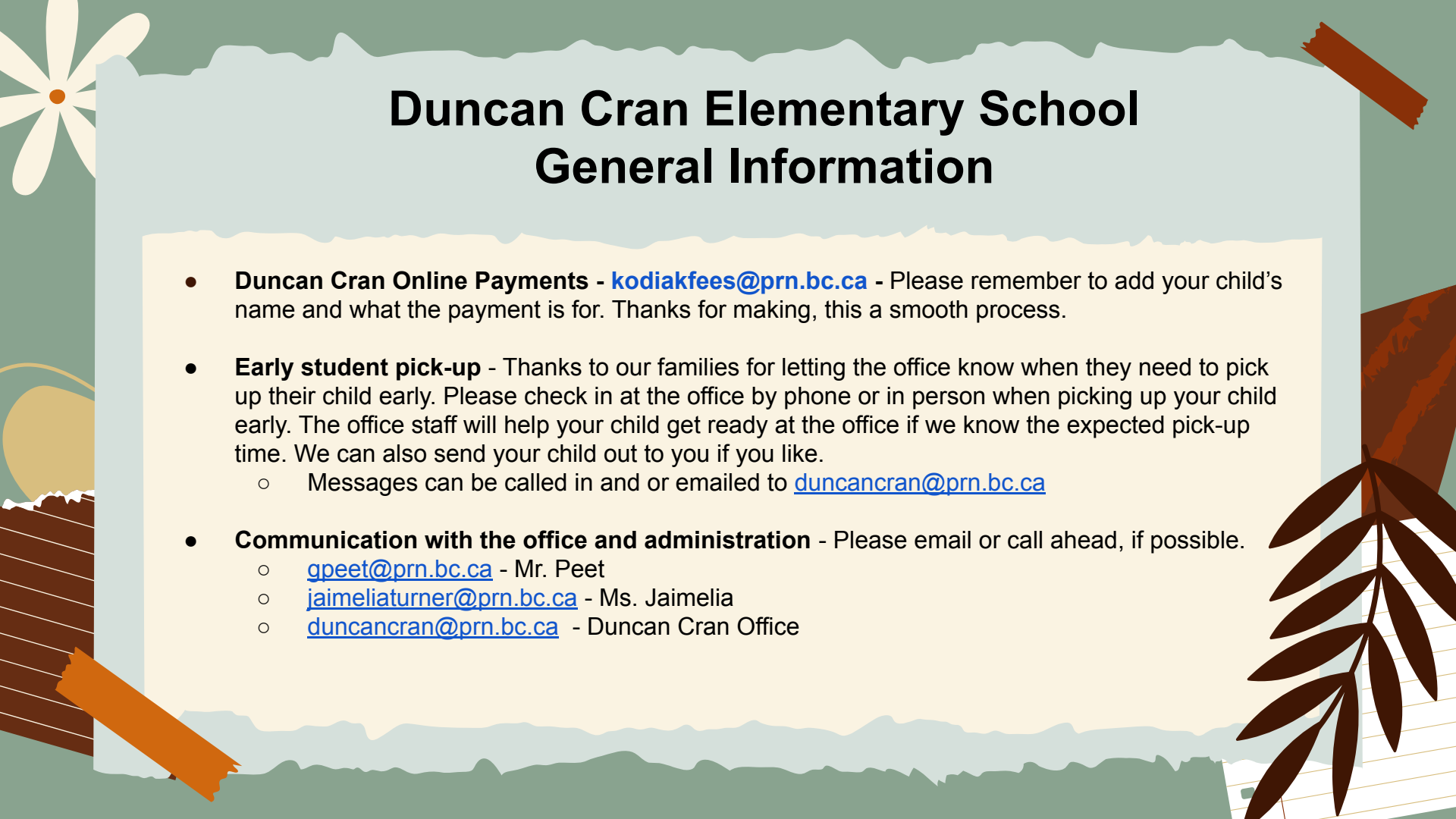
	Mon, June 23	Tues, June 24	Wed, June 25	Thurs, June 26	Fri, June 27
General info		Gr. 6 Dr. Kearney visit 9:45 - 1:30 pm		Last Day of School Dismissal at 11:45 am	
Activities and Sports	Ramstead/ Brody gymnastics	Festival of Colours 2:00 pm Families Welcome More info to Follow	Swimming Mrs. Henry, Gu, Walker, Dardouri, Morrison 12:30 - 2:30 pm		



Duncan Cran Elementary School

General Information

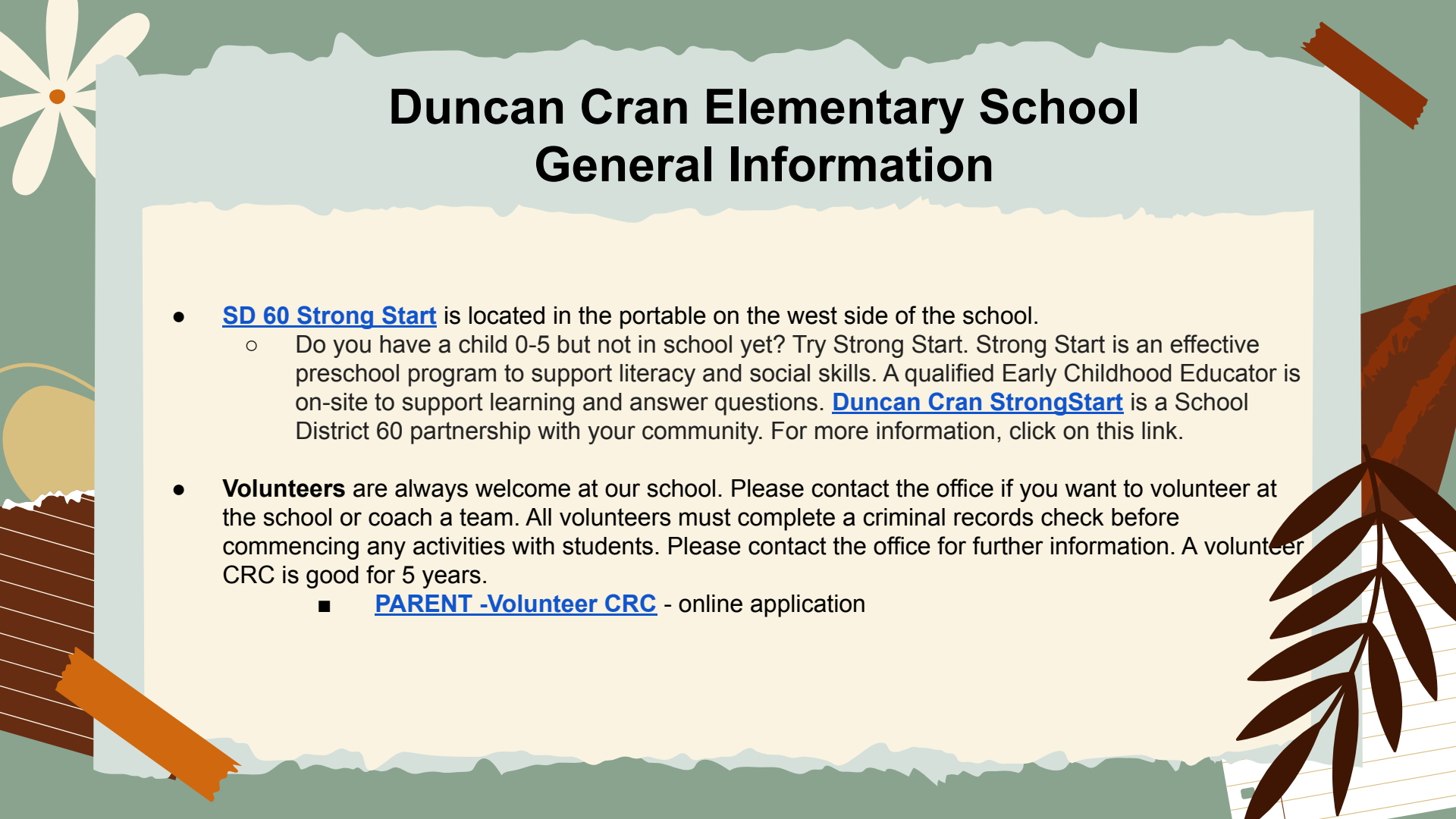
- **Before and After School Care** - If you are interested in Before and or After School Care please contact the BASC co-ordinator.
 - There are spots available in this program. Please see the BASC information, including the fees, at the following link. *<https://www.prn.bc.ca/programs/before-and-after-school-care/>
 - For more information, please contact Susanne Currie, BASC Coordinator, at 250-264-7186 or basc@prn.bc.ca.
- **Before and After School Supervision** - If families need before and after school care please see the BASC information above.
 - Morning supervision begins @ **8:30 am**.
 - After-school supervision ends at 3 pm. Please pick up students by 3 pm.
 - When checking out your child early, please call or stop by the office. The office will page your child down to the office, or we can send them to you.
 - We ask families to wait outside for their child/children at 2:44 pm dismissal. This ensures a smooth dismissal process.



Duncan Cran Elementary School

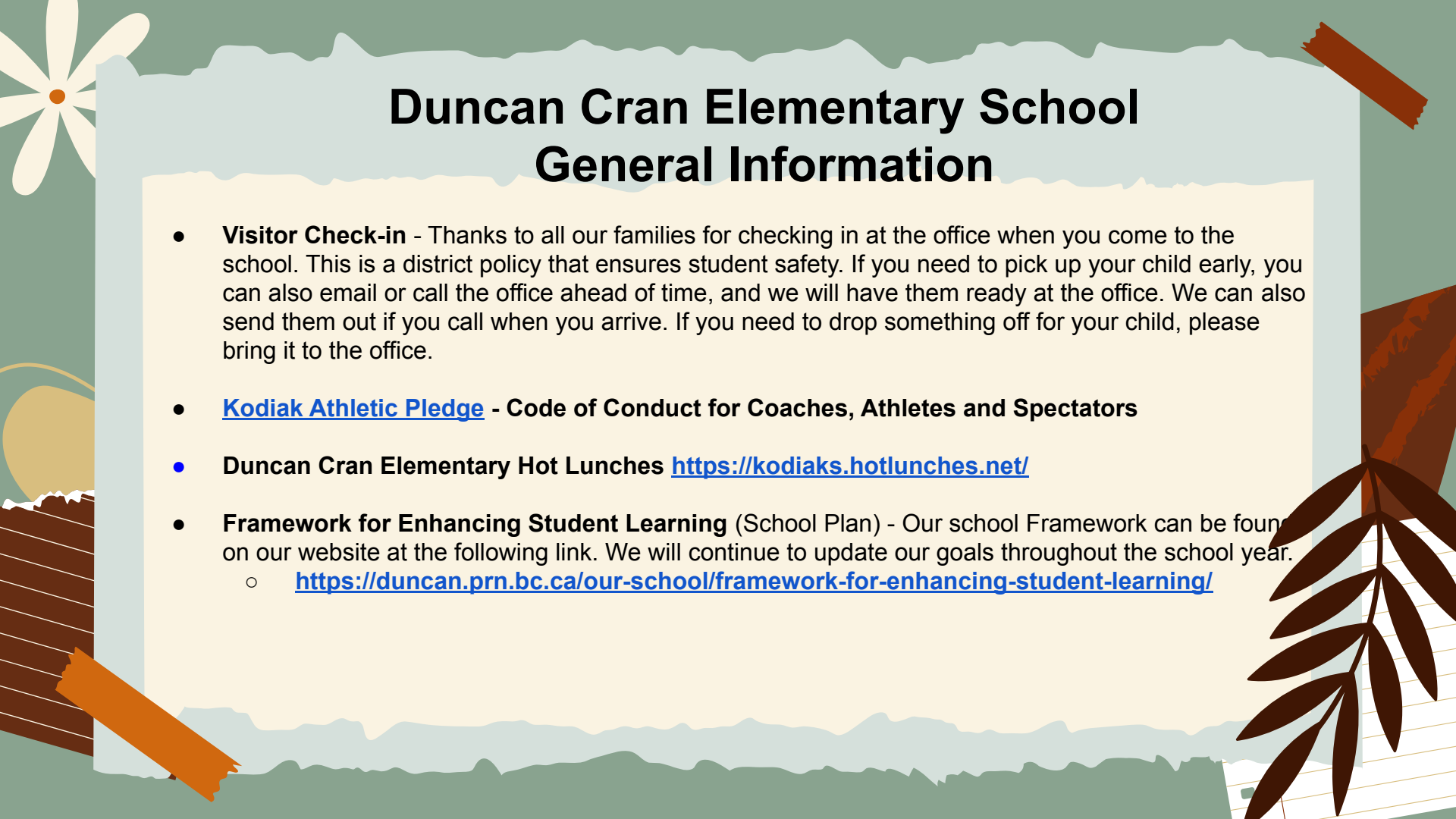
General Information

- **Duncan Cran Online Payments** - kodiakfees@prn.bc.ca - Please remember to add your child's name and what the payment is for. Thanks for making, this a smooth process.
- **Early student pick-up** - Thanks to our families for letting the office know when they need to pick up their child early. Please check in at the office by phone or in person when picking up your child early. The office staff will help your child get ready at the office if we know the expected pick-up time. We can also send your child out to you if you like.
 - Messages can be called in and or emailed to duncancran@prn.bc.ca
- **Communication with the office and administration** - Please email or call ahead, if possible.
 - gpeet@prn.bc.ca - Mr. Peet
 - jaimeliaturner@prn.bc.ca - Ms. Jaimelia
 - duncancran@prn.bc.ca - Duncan Cran Office



Duncan Cran Elementary School General Information

- [SD 60 Strong Start](#) is located in the portable on the west side of the school.
 - Do you have a child 0-5 but not in school yet? Try Strong Start. Strong Start is an effective preschool program to support literacy and social skills. A qualified Early Childhood Educator is on-site to support learning and answer questions. [Duncan Cran StrongStart](#) is a School District 60 partnership with your community. For more information, click on this link.
- **Volunteers** are always welcome at our school. Please contact the office if you want to volunteer at the school or coach a team. All volunteers must complete a criminal records check before commencing any activities with students. Please contact the office for further information. A volunteer CRC is good for 5 years.
 - [PARENT -Volunteer CRC](#) - online application



Duncan Cran Elementary School General Information

- **Visitor Check-in** - Thanks to all our families for checking in at the office when you come to the school. This is a district policy that ensures student safety. If you need to pick up your child early, you can also email or call the office ahead of time, and we will have them ready at the office. We can also send them out if you call when you arrive. If you need to drop something off for your child, please bring it to the office.
- [Kodiak Athletic Pledge](#) - Code of Conduct for Coaches, Athletes and Spectators
- Duncan Cran Elementary Hot Lunches <https://kodiaks.hotlunches.net/>
- **Framework for Enhancing Student Learning** (School Plan) - Our school Framework can be found on our website at the following link. We will continue to update our goals throughout the school year.
 - <https://duncan.prn.bc.ca/our-school/framework-for-enhancing-student-learning/>

Duncan Cran Elementary School

General Information

All families need to review the following document - School District 60 Emergency Preparedness Information -

- <https://www.prn.bc.ca/safety/plans-info/emergency-preparedness/>
 - The District will be using the BC Air Quality Index (AQHI) to guide decisions about school actions related to smoke.
<https://www.env.gov.bc.ca/epd/bcairquality/data/aqhi-table.html>
 - When air quality risk is high,, we will limit the doors we use for entry and exit to reduce smoke in the building.
 - **Please have a look at our site-specific Double Gated Evacuation Process for Parent Reunification**
 - **Duncan Cran Elementary - Double Gate Evacuation Process**
 - Students will only be released to an individual designated as the legal parent/guardian or emergency contact on the MYED student contact information form. Contact forms will come home this week so that families can ensure this information is updated.

Parent Resources & Links

- [Kodiak Athletic Pledge](#) - Code of Conduct for Athletes, Spectators and Coaches
- **Duncan Cran Song** - The lyrics can be found at this link [Duncan Cran Kodiaks](#)
- **BC's ERASE (Expect Respect and Safe Education)**
 - [ERASE Sessions for families](#)
 - [Raising Digitally Responsible Youth](#) Document for families
- [Home Reading Tips for Parents](#)
- Our new *EASE 'At Home'* activities are now live on our [EASE website](#).
- [WITS](#) is a program that teaches K-3 children to make safe and positive choices about peer conflict

District Links:

- [School District calendar](#) information can be found at the following link
- [Indigenous Education](#) - Information can be found here.



Parent Resources & Links

- **Early Learning Programs** <https://earlylearning.prn.bc.ca/>

- Strong Start
- Preschool

- **SD # 60 - Before and After School Care Program (BASC)**

If you are interested in

Before and or After School Care, please click on this link.

*<https://www.prn.bc.ca/programs/before-and-after-school-care/>

- For more information, please contact Susanne Currie, BASC Coordinator, at 250-264-7186 or basc@prn.bc.ca.

